



## Randal Hess M.D.

January 7, 1966 - January 22, 2025

Randal Orland Hess, MD, 59, was called back to his heavenly father on January 22, 2025, at St. Anthony's Hospital in Carroll, Iowa. Randal was the son of Martha Huntzinger Hess and Terry Orland Hess of Tremont, Utah. He graduated from Virginia Commonwealth University in 1996 with a bachelor's degree in biology in 1991 and subsequently graduated from the Medical College of Virginia in 1996 with a Doctor of Medicine. Following graduation, he entered the Residency in Radiation Oncology at VCU where he served as the Chief Resident in his final year and was later certified by the American Board of Radiology in Therapeutic Radiation Oncology.

Dr. Hess' first clinical position was with Blue Ridge Cancer Care in Roanoke, Virginia, where he served as the Medical Director and Chief of Oncology at Lewis Gale Medical Center in Salem, Virginia. During his time with Lewis Gale, his practice extended to caring for cancer patients at Pulaski Community Hospital's cancer center. Throughout his time at both centers, he worked diligently to support his patients in their fight against cancer.

Dr. Hess began his Oncology practice with the St. Anthony Regional Hospital's Radiation Oncology Department in June of 2016. His engaging personality contributed positively to interactions with colleagues and patients. Dr. Hess became acquainted with the team, medical staff, and patients. He contributed significantly to the community through his involvement in the

planning and development of a new Cancer Center. He took an interest in his patients' lives beyond their diagnoses and often inquired about their hobbies and families. Dr. Hess was a committed member of the medical staff who supported the mission and vision of St. Anthony. Additionally, Dr. Hess served on the Board for New Hope Village.

Dr. Hess was an avid outdoorsman who enjoyed hiking and mountain biking and loved scuba diving. He was a devoted father to two daughters and a fiercely loyal friend to those close to him.

Dr. Hess is survived by his mother Martha Hess and his two daughters Abigail Virginia Hess and Victoria Jane Hess.

A celebration of Randal's life will take place at St. Anthony's Regional Cancer Center on Sunday January 26, 2025 at 1:00 pm

In lieu of flowers, memorials may be left for the St. Anthony Cancer Center.

Funeral arrangements are under the guidance of the Sharp Funeral Home in Carroll and online condolences may be left for the Hess family at [www.sharpfuneral.com](http://www.sharpfuneral.com).

# Tribute Wall

DW

“ We were classmates at MCV. I am very sorry to learn of this news. May his memory be a blessing to all who knew him.



---

**Darren Witte** - September 29, 2025 at 08:04 PM

ME

“ I found out this morning of his passing from a friend over coffee. I knew he was sick as he told me such last summer. He was emotional. We hugged. I saw him one time since and commented on his weight loss. Somehow, we made a joke out of it. He was a good soul and i enjoyed our chats over the years. Rest in peace my friend. See you on the other side.

---

**Michael Ebner** - January 28, 2025 at 04:26 PM

SZ

“ I had the pleasure of working with Dr. Randal Hess since 2016. He was a wonderful physician who truly took the time and cared for his patients. We as a staff truly as a team effort made sure that all our patients were taken care of along with the family members.

However, we as a staff also had a lot of great times at work and outside of work bonding together.

My husband and Randal shared a love of firearms and went to several gun shows together along with the rifle range. I also accompanied them to the range and I truly shocked him when wanted me to shoot his gun and I was able to hit the target several times.

I went on a couple bike rides with Dr. Hess, however after a few times he told me he couldn't keep up with me. That really wasn't true, it was just too hot out that summer.

We will cherish the many memories that we have of Dr. Hess, he definitely is a huge loss to the Cancer Center and this community. May he Rest in Peace and know that he really did make a huge impact during his lifetime.

To Abigail and Victoria and Marty you have our deepest sympathy.

Sheryl & Doug Zimmerman

---

**Sheryl Zimmerman** - January 27, 2025 at 04:31 PM

NB

“ Dr. Randall Hess was a great neighbor and friend. My sincere condolence's to his mother and daughters.

---

**Neil J Bock** - January 27, 2025 at 12:45 PM

SZ

“ *Sheryl Zimmerman lit a candle in memory of Randal Hess M.D.*



-----  
**Sheryl Zimmerman** - January 27, 2025 at 10:15 AM

MH

“ *Marci Hagan lit a candle in memory of Randal Hess M.D.*



-----  
**Marci Hagan** - January 27, 2025 at 08:49 AM

SS

“ *Suzanne Schupp lit a candle in memory of Randal Hess M.D.*



-----  
**Suzanne Schupp** - January 26, 2025 at 07:53 PM

K.

“ *Karanita Ojomo, M.D. . lit a candle in memory of Randal Hess M.D.*



-----  
**Karanita Ojomo, M.D. .** - January 26, 2025 at 02:54 PM

JU

“ *Dr. Hess will be missed by so many of us. When thinking of him the word that comes immediately to me is compassion. This came through to all of his patients and their families. They knew that they were each so important to him. He was the best. I hope his daughters know how much he meant to all of us.*

---

**Jean Uhlenkamp** - January 26, 2025 at 10:57 AM

LB

“ *Dr. Hess was a wonderful and kind doctor, who guided me through cancer treatments with caring expertise. Sincere sympathy to his daughters and extended family.*



---

**Laurie Berger** - January 26, 2025 at 10:53 AM

RH

“ Randal (Randy) to me) has always been and is my favorite nephew, oldest of the other thirteen nieces and nephews. Vicariously, the son I never had (without the tedious work); we shared the joys and sorrows of life's experiences.



He grew up in the Southwest, the West Coast, and the gulf South. Although an only child of a divorced mother he was considered "the 6th Huntzinger kid". I was the youngest sibling in Ivon and Evelyn Huntzinger's family ( two boys then a girl and then two boys), until Randy became the sixth kid since he spent so much time in Utah living and traveling with his grandparents.

Somewhere in the early '90s the deal was made between Randal and myself that: "if you send receipts for books and supplies", I will pay for that part of your education -- little did I know what medical school books, apparatus, and supplies cost. I proudly sat in his Medical School graduation audience.

Visited often in Virginia, Seattle, Vegas; talked for hours after move to Iowa.

Words pale and collapse. Brenda soul-mated with Randal; we enjoyed time spent and planned adventures. Randal is forever in our minds and bodies. Perhaps a connection with his grown daughters will blossom.

---

**Ralph Huntzinger** - January 25, 2025 at 09:14 PM

KB

“ Kim Bauman lit a candle in memory of Randal Hess M.D.



---

**Kim Bauman** - January 25, 2025 at 08:05 PM

KB

“ *My sympathy for his daughters and family*

---

**Kim Bauman** - January 25, 2025 at 08:04 PM

SM

“ *I am blessed to have had the friendship and to have shared many adventures with Randal. I remember his very first day at Lewis Gale in Salem, Va. His smile, warm and caring personality was a welcome addition to our center. We had many great adventures over the years. I was so sad to see him leave Lewis Gale but nothing compares to the sadness of losing this great friend and wonderful father to his daughters. Randal, you will be missed. May you be at peace, God bless you and your family. Scott Myers*

---

**Scott Myers** - January 25, 2025 at 07:42 AM

MT

“ *Our hearts break to hear the news. We love you, Randal. Now you are free to travel and binge on the food you love. We will always miss you.*

---

**Minh and Thy Tran** - January 24, 2025 at 07:22 PM

DL

“ I remember Steve's doctor in Omaha telling him he needed to start radiation and chemo right away as he had an aggressive cancer. He told us I know you want to go to Carroll but I won't let you until we research the staff. We got a call back from Omaha the next day with appointments in Carroll the next day. We loved Dr. Hess He was so caring and he and Steve would talk about mountain biking. He told Steve you'll be back biking again and he was able to until the cancer came back. We saw him at several Relay for Life events when he was promoting the new cancer center. He even took our picture during the survivor family lap. My deepest sympathy to his family.

---

**Deb Loger** - January 24, 2025 at 05:53 PM

TT

“ I worked with Dr Hess in Pulaski VA. We used to stay after work and workout together. He's such a great guy with a great sense of humor. I'm so sorry to hear of his passing.

---

**Travis Thompson** - January 24, 2025 at 12:39 PM

BT

“ Dr Hess not only consulted, supported and treated me my cancer journey but we grew a strong friendship. During his journey we had some tough talks but he loved having those pies when he could eat and craved a certain taste. Carroll was lucky to have him and he will be truly missed . Barb Toohey

---

**barb toohey** - January 24, 2025 at 11:52 AM

MS

“ Dr Hess treated everyone with kindness and respect. He was a very talented physician and will dearly missed. My sympathies to all

*Dr Slattery*

Michael S Lattery - January 24, 2025 at 09:07 AM

AA

“ Ann & Anthony purchased the Joyful Memory for the family of Randal Hess M.D..



Ann & Anthony - January 24, 2025 at 04:44 AM

Jl

“ I had Dr. Hess for my radiology part of my cancer process. Was such a neat, kind hearted, and polite gentleman as well as a Wonderful Dr. I especially liked his character in choices of glasses he wore. I miss him when I go for checkups! RIP DR. HESS! 🙏

Jan Eggers — Denison iowa. - January 24, 2025 at 12:29 AM

DM

*Dr Hess was the kindness and caring Dr..he took time to answer all my questions when I had cancer..he show d deep compassion towards others..I will miss him..REST IN PEACE DR HESS..*

Denise mcmain - January 24, 2025 at 11:07 AM

Jeff  
Booher

“ Dr. Hess was a wonderful, caring doctor! He treated my late wife with her brain tumor. Very kind and compassionate man.

Jeff Booher - January 23, 2025 at 09:35 PM

CB

“ Great doctor and friend! Treated both Ralph and myself with respect and kindness. RIP

-----  
**Connie Bock** - January 23, 2025 at 09:21 PM

TQ

“ He treated Jim for prostate cancer. Always felt more like a friend than a doctor. What a big loss to our community. RIP Dr. Hess.

-----  
**Teresa Quass** - January 23, 2025 at 08:41 PM

SR

“ Dr. Hess was such an amazing individual and talented physician. He truly was a humble servant and I enjoyed getting to know him. He will be missed. My sympathies to his family, friends and colleagues!

-----  
**Sondra Rierson** - January 23, 2025 at 07:00 PM

DL

Dr. Hess was a wonderful man. Dr. Hess loved mountain biking and he and Steve would chat about their adventures. I remember him telling Steve "You will mountain bike again." And, he did for several years before the cancer returned. He was always so compassionate to both of us and always stopped to talk to us. My sympathy to us family

-----  
**Deb Loger** - January 24, 2025 at 08:44 AM

BS

Randal, you were a part of our family's life, many, many years ago. Lots of memories from our experiences. So happy to hear about your professional accomplishments and positive effects on your patients. As both my husband and myself dealt with cancer, I know how important that relationship is for patients. Best wishes to your daughters. RIP.

-----  
**Becky Smith** - January 24, 2025 at 03:29 PM

DM

“ I am so sad about this!!! Huge loss both personally and professionally. We were so fortunate to have Dr. Hess in Carroll. He was an exceptional physician and as sincere and genuine as a friend can be!!! Dan Mack

---

**Dan Mack** - January 23, 2025 at 04:21 PM

VT

*Dr Hess was one of the greatest! I worked as his nurse in Radiation oncology, was down to earth explaining their cancer process . A friend and professional to all . May he RIP.*

---

**Verna TiefenthalerR.N.** - January 24, 2025 at 12:01 PM

EH

“ I can remember the first conversation I had with Dr. Hess in trying to convince him to come to Carroll to practice. We had countless conversations in the years to follow. I enjoyed every one of them. He brought a lot of culture and compassion to the cancer program and touched so many lives. Really going to miss the pics he sent me of the crazy exotic meals he would prepare, trips he would take and all kinds of funny content all the way up to his birthday this month.

*RIP Doc. You will truly be missed. -Eric Hammer*

---

**Eric Hammer** - January 23, 2025 at 12:34 PM

JW

“ A wonderful caring man, he was a great consolation during my wife Peggy's illness. Jim White.

---

**Jim White** - January 23, 2025 at 12:00 PM