



## Karen Lampman

April 8, 1945 - November 18, 2018

Karen Lampman, age 73, of Arcadia, died Sunday, November 18, 2018 at Mercy Medical Center in Des Moines, Iowa.

Mass of the Christian Burial will be celebrated at 10:30 a.m. Wednesday, November 21, 2018 at St. John's Catholic Church in Arcadia. The Celebrant will be Fr. Timothy Schott. Concelebrant will be Fr. Richard Remmes. Music will be by Sharon Bierl and the St. John's Choir. Mass Servers will be Brianna, Brett, and Blake Lux. Lector will be Deb Vonnahme. Gift Bearers will be Jay Goeser, Tricia Mitchell, and Becky Skinner. Eucharistic Minister will be Orlin Steinkamp. Casket Bearers will be Jay Goeser, Jeff Goeser, Dan Wittrock, Gary Riesselman, Tony Sievers, and Scott Lampman. Burial will be in the parish cemetery. The St. John's Guild, and the Arcadia American Legion Auxiliary will form an honor guard for the funeral mass.

Friends may call at the Sharp Funeral Home in Carroll, after 4p.m. on Tuesday, where there will be a Rosary prayed at 5 p.m., and a Christian Wake Service will be held at 6:30 p.m.

Additional visitation will be held at the Sharp Funeral Home in Carroll from 9 to 9:45 a.m. Wednesday morning.

Funeral arrangements are under the direction of the Sharp Funeral Home in

Carroll, and online condolences may be left at [www.sharpfuneral.com](http://www.sharpfuneral.com).

Karen Ann (Mitzel) Lampman was born on April 8, 1945 in her grandparents' home in Manilla, Iowa. She is the daughter of Francis and Edna (Grau) Mitzel.

Karen grew up in Manilla and graduated from Manilla High School in 1963. She started working at St. Anthony Hospital in Carroll from 1963 to 1969. She then returned in 1974, and worked until she retired on September 5, 2008 after working there a total of 40 years.

Karen and Ralph Lampman, the son of Edward and Viola Lampman, were married on August 20, 1966, and they lived in the Arcadia and Carroll area most of their married life. Ralph and Karen moved to Arcadia, in August of 2002.

Karen enjoyed going out for coffee and lunch with family and friends. Karen and Ralph were very giving of their time, volunteering in many capacities for many causes. One thing they volunteered for was taking the canned goods collected at St. John's Catholic Church to the Food Pantry at Thanksgiving time for many years. After Karen retired, she volunteered at the Carroll County Historical Museum, serving as a Director. On August 11, 2011 Karen suffered a stroke, and it affected her left side. This stroke changed her life, as she had to give up much of her volunteer work.

In 2017 Ralph and Karen, along with another couple, volunteered to run the Arcadia Legion Hall, booking all the wedding events, and cleaning the facility. Karen belonged to the Arcadia American Legion Auxiliary, St. John Parish, and St. John's Ladies Guild.

Karen was preceded in death by her father, Francis Mitzel, her grandparents: Hugo and Anna Grau, and Frank and Marcellina Mitzel; her brothers-in-law: Jim Goeser, Gerald Wittrock, and Donald Lampman; nephew, Christopher

Goeser, niece Katie Kernes, great-niece Alexi Goeser.

Karen is survived by her husband, Ralph Lampman of Arcadia; her mother, Edna Mitzel of Manilla; her sister Janet Goeser of Harlan; sisters-in-law: JoAnn (Andy Riessselman) of Carroll; Berniece Wittrock of Carroll, Mary (Ron) Sievers of Randall, and Sandy Lampman of Manning, as well as many nieces, nephews, other relatives, and many friends.

# Tribute Wall

JB

“ *Edna:  
Sorry to hear of your daughter's passing. My thoughts and prayers are with you.*



**Jerry Boger** - November 21, 2018 at 08:35 PM

BV

“ *Ralph, so sorry to hear of Karen's passing. In her soft gentle way, she made many friends and came to appreciate life the way the Lord gave it to her. Another angel for us all. Our sympathies. Bruce & Mae*

**Bruce & Mae Vonnahme** - November 20, 2018 at 01:57 PM

JG

“ *Ralph and Jan and your families, What a great gal, such a fun lover, always the life of the party. Sorry for loss. She will be greatly missed. I hope to make it to the wake service and possibly the funeral. Not feeling the best but we'll see. Sincerely, John Goeser*

**John Goeser** - November 20, 2018 at 11:35 AM



“ *Country Basket Blooms was purchased for the family of Karen Lampman.*



November 20, 2018 at 09:41 AM

SS

“ Dear Ralph, Janet and Aunt Edna, our deepest sympathy and love to you all. Karen was such a sweet person. We will miss her Christmas letters and hearing about all her activities with Ralph. We always loved that she kept track of all of the families addresses, and keeping us up to date. She lived a life of service to others, and that is truly admirable. May she rest in heavenly peace. Love, Caryl, Susan and Deborah

Susan Valenti Schaefer - November 19, 2018 at 11:00 PM

CP

“ Caryl Valenti, Susan Schaefer and Deborah Paras purchased the Fairest of All for the family of Karen Lampman.



Caryl Valenti, Susan Schaefer and Deborah Paras -  
November 19, 2018 at 10:49 PM

RM

“ Sincere sympathy. Always enjoyed seeing Karen at St Anthony's!

Rae Miller - November 19, 2018 at 06:24 PM

SJ

“ My sincere sympathy to all of Karen's family. She always had a smile for you.

ShaRon Justice Judson

sharon judson - November 19, 2018 at 05:54 PM

JA

“Karen has been a very dear friend to the Adens for many years. Fun, loving, caring , gentle person. We will miss her and the good times we shared. May you rest in peace, Karen.

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**Joyce and Erv Aden** - November 19, 2018 at 12:27 PM